

QEXCA Winter 2018 Registration Form

Name: _____

Participant:
(If different) _____

Age:
(if under 18) _____

Address: _____

Phone: _____

Email: ¹ _____

**** No classes Jan. 29, Feb. 19 - 23, Mar. 12 and Apr. 2 - 6****

Program	Day	Age	Cost	Total
Aerobics (St. Frances) Instructor: Natasha Keating	Mon. 7:15 – 8:15 p.m. Jan. 15 – Apr. 16	18+	\$40	\$
Aerobics (Queen Elizabeth) Instructor: Natasha Keating	Wed. 6:00 – 7:00 p.m. Jan. 17 – Mar. 21	18+	\$40	\$
Beginner Yoga (Queen Elizabeth) Instructor: Val Kirk	Tue. 7:00 – 8:00 p.m. Jan. 16 – Mar. 27	18+	\$55	
BollyFit (Queen Elizabeth) Guide: Adele Rose	Thu. 7:00 – 8:00 p.m. Jan. 18 – Apr. 12 ** Also no class Mar. 29 **	18+	\$55	\$
Zumba (St. Frances) Instructor: Jo James	Wed. 6:30 – 7:30 p.m. Jan. 18 – Apr. 12	18+	\$55	\$
Tiny Tots Soccer (Queen Elizabeth) Instructor: Ashleigh Whelan	Tue. 6:00 – 7:00 p.m. Jan. 16 – Mar. 27	4 & 5	Free	
FlexPass	Any 10 classes	18+	\$50	\$

Total Program Cost		\$
QEXCA Membership (valid Sep. 1, 2017 to Aug. 31, 2018)	<input type="checkbox"/> New (\$10) <input type="checkbox"/> Continuing * <input type="checkbox"/> Other C.A. * _____ <i>* Please show your membership card.</i>	\$
Total Payable	<input type="checkbox"/> Cheque** <input type="checkbox"/> Cash <i>**please make cheques payable to QEXCA</i>	\$

¹ **Please note:** QEXCA maintains a mailing list of contact information of members and participants. From time to time, we would like to send you information, by email, about upcoming community activities and programs. Your contact information will never be shared and you can unsubscribe at any time. Please, check the box below if you **do not** wish to receive emails from QEXCA.

I do not give QEXCA permission to contact me at the email address I provided above.

QEXCA volunteers make friends, share their knowledge and expertise, get exercise or build their resume with positive work experience. Take part in your Community Association and help make your community an even better place to live!

I am interested in volunteering to help build our community.

Received by: _____

Date: _____